

My Flesh Is Food, My Blood Is Drink

Typology

- I. Catholics have always look at the Old Testament through the interpretive lens of Jesus Christ
- II. Typology looks at Old Testament people and events as things that prefigure Jesus and his Church
 - a. **Romans 5:14** Yet death reigned from Adam to Moses, even over those whose sins were not like the transgression of Adam, who was a type of the one who was to come.
- III. The Apostles interpreted the Old Testament this way in the New Testament
 - a. They learned it from Jesus himself
 - b. The early Church did the same

Tree of Life

- I. Two named trees in the Garden of Eden
 - a. Tree of Life
 - b. Tree of the Knowledge of Good and Evil
- II. Creation
 - a. Type - Garden of Eden
 - i. Adam is tempted to disobey God
 - ii. Adam chooses his own will
 - iii. Adam refuses to lay down his life for his bride and merits death
 - b. Antitype – Garden of _____
 - i. Jesus warns the Apostles pray about _____
 1. Luke 22:40
 - ii. Jesus chooses the Father’s will
 1. Luke 22:42
 - iii. Jesus lays down his life for his bride and merits eternal life
 - c. Tree of life is a type of the Cross
 - i. Fruit of the tree of life is a type of the Eucharist

Passover

- I. **Exodus 12:3, 5-9, 46, 11-14** “Tell all the congregation of Israel that on the tenth day of this month they shall take every man a lamb according to their fathers’ houses, a lamb for a household...Your lamb shall be without blemish, a male a year old; you shall take it from the sheep or from the goats; and you shall keep it until the fourteenth day of this month, when the whole assembly of the congregation of Israel shall kill their lambs in the evening. Then they shall take some of the blood, and put it on the two doorposts and the lintel of the houses in which they eat them. They shall eat the flesh that night, roasted; with unleavened bread and bitter herbs they shall eat it. Do not eat any of it raw or boiled with water, but roasted, its head with its legs and its inner parts...you shall not carry forth any of the flesh outside the house; and

you shall not break a bone of it...It is the Lord's Passover. For I will pass through the land of Egypt that night, and I will strike all the first-born in the land of Egypt, both man and beast; and on all the gods of Egypt I will execute judgments: I am the Lord. The blood shall be a sign for you, upon the houses where you are; and when I see the blood, I will pass over you, and no plague shall fall upon you to destroy you, when I strike the land of Egypt. This day shall be for you a memorial day, and you shall keep it as a feast to the Lord; throughout your generations you shall observe it as an ordinance for ever."

- a. Type – Passover lamb (Exodus 12)
 - i. No blemish
 - ii. No broken bones
 - iii. Lamb's blood applied to the doorposts of your house
 - iv. Must eat the lamb
- b. Antitype – Jesus, Lamb of God
 - i. No sin (Hebrews 4:15)
 - ii. No broken bones (John 19:36)
 - iii. Lamb's blood applied to the soul of the human person (through baptism) (1 John 1:7 & Romans 6:3)
 - iv. Must eat the lamb (John 6:53)

Manna (Exodus 16)

- I. Jews murmur and complain about hunger
 - a. God gives them manna in the morning (bread from heaven)
 - b. God gives them quails in the evening (flesh from heaven)

Blood of the Covenant

- I. Moses slaughters oxen and sprinkles the blood on the people
 - a. **Exodus 24:8** "Behold the blood of the covenant which the Lord has made with you in accordance with all these words."
- II. Oath – Sacramentum (Latin)
 - a. God pledges himself to us and we pledge ourselves to God
 - b. Breaking the oath calls death down upon us
- III. **Deuteronomy 30:15-19** "See, I have set before you this day life and good, death and evil. If you obey the commandments of the Lord your God...the Lord your God will bless you. But if your heart turns away...I declare to you this day, that you shall perish...I call heaven and earth to witness against you this day, that I have set before you life and death, blessing and curse; therefore choose life."
 - a. Tree of Life / Tree of Death (Knowledge of Good and Evil)
- IV. **Exodus 32:26** "Who is on the Lord's side? Come to me." And all the sons of Levi gathered themselves together to him.
 - a. Opportunity for repentance (escape death)
- V. **Luke 22:20** And likewise the chalice after supper saying, "This chalice which is poured out for you is the new covenant in my blood."

- a. **1 Corinthians 11:27-30** Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of profaning the body and blood of the Lord. Let a man examine himself, and so eat of the bread and drink of the cup. For any one who eats and drinks without discerning the body eats and drinks judgment upon himself. That is why many of you are weak and ill, and some have died.

John 6

- I. **John 5:45-47** “Do not think that I shall accuse you to the Father; it is Moses who accuses you, on whom you set your hope. If you believed Moses, you would believe me, for he wrote of me. But if you do not believe his writings, how will you believe my words?”
 - a. John 6 has a Mosaic background
 - b. Jesus is the new Moses bringing a new Exodus and a new Manna
- II. **John 6:1-4** After this Jesus went to the other side of the Sea of Galilee, which is the Sea of Tiberias. And a multitude followed him, because they saw the signs which he did on those who were diseased. Jesus went up the mountain and there sat down with his disciples. Now the Passover, the feast of the Jews, was at hand.
 - a. Context of John 6 is the Passover
 - b. One year from John 6 at the Passover is the Last Supper
- III. **John 6:5** Lifting up his eyes, then, and seeing that a multitude was coming to him, Jesus said to Philip, “How are we to buy bread, so that these people may eat?”
- IV. **John 6:8-12** One of his disciples, Andrew, Simon Peter’s brother, said to him, “There is a lad here who has five barley loaves and two fish; but what are they among so many?” Jesus said, “Make the people sit down.” Now there was much grass in the place; so the men sat down, in number about five thousand. Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. And when they had eaten their fill, he told his disciples, “Gather up the fragments left over, that nothing may be lost.”
 - a. Jesus provides the Jews with bread and fish as God provided them bread and quail
- V. **John 6:14-15** When the people saw the sign which he had done, they said, “This is indeed the prophet who is to come into the world!” Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.
 - a. Continues allusions to Moses
 - b. **Deuteronomy 18:15** “The Lord your God will raise up for you a prophet like me from among you, from your brethren – him you shall heed”
 - c. **Deuteronomy 18:18-19** “I will raise up for them a prophet like you from among their brethren; and I will put my words in his mouth, and he shall speak to them all that I command him. And whoever will not give heed to my words which he shall speak in my name, I myself will require it of him.”

- VI. **John 6:16-21** When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea rose because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and drawing near to the boat. They were frightened, but he said to them, I AM; do not be afraid.” Then they were glad to take him into the boat, and immediately the boat was at the land to which they were going.
- a. Jesus proclaims his divinity
- VII. **John 6:27-30** “Do not labor for the food which perishes, but for the food which endures to eternal life, which the Son of man will give to you; for on him has God the Father set his seal.” Then they said to him, “What must we do, to be doing the works of God?” Jesus answered them, “This is the work of God, that you believe in him whom he has sent.” So they said to him, “Then what sign do you do, that we may see, and believe you? What work do you perform?”
- VIII. **John 6:31-34** Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’” Jesus then said to them, “Amen, Amen, I say to you, it was not Moses who gave you the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven, and gives life to the world. They said to him, “Lord, give us this bread always.”
- a. **Luke 4:3** The devil said to [Jesus], “If you are the Son of God, command this stone to become bread.”

You Must Believe in Jesus

- I. **John 6:35-41** Jesus said to them, “I am the bread of life; he who comes to me shall not hunger, and he who **believes** in me shall never thirst. But I said to you that you have seen me and yet **do not believe**. All that the Father gives me will come to me; and him who comes to me I will not cast out. For I have come down from heaven, not to do my own will, but the will of him who sent me; and this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up at the last day. For this is the will of my Father, that every one who sees the Son and **believes** in him should have eternal life; and I will raise him up at the last day.”
- II. **John 6:41-47** The Jews then **murmured** at him, because he said, “I am the bread which came down from heaven.” They said, “Is not this Jesus, the son of Joseph, whose father and mother we know? How does he now say, ‘I have come down from heaven?’” Jesus answered them, “**Do not murmur** among yourselves. No one can come to me unless the Father who sent me draws him and I will raise him up at the last day. It is written in the prophets, ‘And they shall all be taught by God.’ Every one who has heard and learned from the Father comes to me. Not that any one has seen the Father except him who is from God; he has seen the Father. Amen, Amen, I say to you, he who **believes** has eternal life.”

You Must Eat Jesus

- I. **John 6:48-51** “I am the bread of life. Your fathers **ate** the manna in the wilderness, and they died. This is the bread which comes down from heaven, that a man may **eat** of it and not die. I am the living bread which came down from heaven; if any one eats of this bread, he will live for ever; and the bread which I shall give for the life of the world is **my flesh**.”
- II. **John 6:52** The Jews then disputed among themselves, saying, “How can this man give us his flesh to **eat**?”
 - a. They take Jesus literally, as if Jesus was going to tear off some flesh and feed them
- III. **John 6:53-58** So Jesus said to them, “Amen, Amen, I say to you, **unless you eat** the flesh of the Son of man and drink his blood, **you have no life in you**; he who **eats** my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed. He who **eats** my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who **eats** me will live because of me. This is the bread which came down from heaven, not such as the fathers **ate** and died; he who **eats** this bread will live for ever.”

You Must Gnaw Jesus

- I. **John 6:52-58** The Jews then disputed among themselves, saying, “How can this man give us his flesh to **eat** (**phago**)?” So Jesus said to them, “Amen, Amen, I say to you, unless you **eat** (**phago**) the flesh of the Son of man and drink his blood, you have no life in you; he who **gnaws** (**trogo**) my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed. He who **gnaws** (**trogo**) my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so he who **gnaws** (**trogo**) me will live because of me. This is the bread which came down from heaven, not such as the fathers **ate** (**phago**) and died; he who **gnaws** (**trogo**) this bread will live for ever.”

The Disciples Abandon Jesus over the Eucharist

- I. **John 6:60-62** Many of his disciples, when they heard it, said, “This is a hard saying; who can listen to it?” but Jesus, knowing in himself that his disciples **murmured** at it, said to them, “Do you take offense at this?”
- II. **John 6:62** “Then what if you were to see the Son of man ascending where he was before?”
- III. **John 6:63-64** “It is the Spirit that gives life, the flesh is of no avail; the words that I have spoken to you are Spirit and life. But there are some of you that do not **believe**.”
- IV. **John 6:64-69** For Jesus knew from the first who those were that **did not believe**, and who it was that would betray him. And he said, “This is why I told you that no one can come to me unless it is granted him by the Father.” After this many of his

disciples drew back and no longer walked with him. Jesus said to the Twelve, “Will you also go away?” Simon Peter answered him, “Lord, to whom shall we go? You have the words of eternal life; and **we have believed**, and have come to know, that you are the Holy One of God.”

- a. Jesus is willing to lose all his followers over his teaching on the Eucharist.

The Words I Have Spoken to You Are Spirit and Life

- I. **John 6:63** “the words that I have spoken to you are Spirit and life.”