## The Seven Sacraments of the Church

| Sacrament                     | Minister                                                                                                     | Scripture                                                                                                           | <b>Required State</b>                                                                                                                                                                                 | Frequency                                                                   | Effect                                                                                                                                                                                                                                                    | Form                                                                                                                                                                                                                                                                                                                                                | Matter                                                                                                                               |
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| Baptism<br>CCC 1213-1284      | Ordinary:<br>a Bishop,<br>priest or<br>deacon;<br>Extraordinary:<br>any person if<br>necessary<br>(CCC 1256) | Mt 28:19-20; Jn<br>3:5; 4:1-2; Acts<br>2:28; 22:16; Rom<br>6:3-4; Mk 16:16;<br>Titus 3:5; Eph<br>5:26; 1 Peter 3:21 | Unbaptized pagan,<br>convert to the<br>Christian Faith,<br>newborn infant (CCC<br>1246-1255)                                                                                                          | Only applied<br>once (Eph<br>4:5; CCC<br>1272)                              | Removes Original<br>and Actual sin<br>(CCC 1263);<br>causes New Birth<br>("born again")<br>(CCC 1265);<br>incorporates into<br>Christ (CCC<br>1267); is the<br>doorway into the<br>Church (CCC 846,<br>1213)                                              | "I baptize you in the Name of<br>the Father, and of the Son,<br>and of the Holy Spirit."<br>Mt 28:18-19; CCC 1240)                                                                                                                                                                                                                                  | Water<br>(Immersion,<br>Infusion, or<br>Sprinkling)<br>(CCC 1278)                                                                    |
| Confirmation<br>CCC 1285-1321 | Ordinary:<br>the Bishop:<br>Extraordinary:<br>a Priest<br>(CCC 1313,<br>1318)                                | Acts 8:14-17; 9:17-<br>19; 19:6; Heb 6:1-6                                                                          | Baptized but<br>unconfirmed; needed<br>Completion of<br>Baptismal grace<br>(CCC 1285);<br>Baptized Christians<br>from other traditions<br>incorporated into the<br>fullness of the<br>Catholic Church | Only applied<br>once (CCC<br>1304)                                          | Sign of<br>consecration (CCC<br>1294); spiritual<br>seal (CCC 1293);<br>completion of<br>baptismal grace<br>(CCC 1285); full<br>outpouring of the<br>Holy Spirit (CCC<br>1302-1303)                                                                       | "Be sealed with the Gift of the<br>Holy Spirit."<br>(CCC 1300)                                                                                                                                                                                                                                                                                      | Holy Chrism<br>(Blessed Oil)<br>and the Laying<br>on of hands by<br>the Bishop or a<br>delegated priest<br>(CCC 1288,<br>1294, 1300) |
| Eucharist<br>CCC 1322-1421    | The Priest<br>(CCC 1411)                                                                                     | Jn 6:1-71;<br>Mt 26:26-28;<br>Mk 14:22-25; Lk<br>22:7-20; 24:13-53;<br>Acts 2:42-47; 20:7;<br>1 Cor 10:16-21        | All Catholics are<br>encouraged to<br>participate (CCC<br>1417); Baptized<br>believers in<br>Communion with the<br>Catholic Church<br>(CCC 1396-1401)<br>and devoid of Mortal<br>Sin (CCC 1415)       | Minimum of<br>once a year,<br>as frequently<br>as daily (CCC<br>1389; 1417) | Intimate union with<br>Christ (CCC<br>1391); Receiving<br>Christ; nourish<br>spiritual life;<br>medicine of<br>immortality,<br>separating us from<br>sin, removal of<br>venial sin, spiritual<br>strength, unites<br>the Body into One<br>(CCC 1391-1401) | "This My Body which will be<br>given up for you. Do this in<br>memory of Me Take this,<br>all of you, and drink from it:<br>this is the cup of my Blood,<br>the Blood of the New and<br>Everlasting Covenant. It will<br>be shed for you and for all so<br>that sins may be forgiven. Do<br>this in memory of me." (CCC<br>1412;<br>1 Cor 11:24-25) | Bread and Wine<br>(CCC 1333)                                                                                                         |

| Sacrament                                                                           | Minister                                                                 | Scripture                                                                                                   | Required State                                                                                                                                                                                 | Frequency                                                                                                             | Effect                                                                                                                                                      | Form                                                                                                                                                                                                                                                                                                                                                                                                     | Matter                                                                                                                                               |
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| Confession,<br>Penance or<br>Reconciliation<br>CCC 1422-1498                        | The Priest<br>(CCC 1461)                                                 | Jn 20:23; Mt 16:18-<br>19; 18:15-18;<br>James 5:14-15                                                       | In Mortal Sin;<br>desiring the Grace of<br>Confession; in need<br>of spiritual guidance<br>(CCC 1446)                                                                                          | Minimum of<br>once a year;<br>or as<br>frequently as<br>necessary<br>(CCC 1457-<br>1458)                              | Forgiveness of<br>serious sin,<br>reunification with<br>the Church,<br>cleansing of<br>conscience,<br>restores grace<br>(CCC 1468-1470)                     | "God, the Father of mercies,<br>through the death and<br>resurrection of his Son has<br>reconciled the world to<br>himself and sent the Holy<br>Spirit among us for the<br>forgiveness of sins; through<br>the ministry of the Church,<br>may God give you pardon and<br>peace, and I absolve you from<br>your sins in the name of the<br>Father, and of the Son, and of<br>the Holy Spirit." (CCC 1449) | Sins; Contrition<br>and confession;<br>priestly words of<br>absolution<br>(CCC 1480)                                                                 |
| <mark>Marriage</mark><br>CCC 1601-1666                                              | The Spouses,<br>with the priest<br>or deacon as<br>witness (CCC<br>1623) | Gen 1:27-28; 2:18-<br>25; Mt 19:3-12; Jn<br>2:1-11; Eph 5:25-<br>32;                                        | Each spouse must<br>be a baptized man<br>and woman with no<br>impediment to<br>marriage<br>(CCC 1625)                                                                                          | Once and to<br>one spouse<br>as long as the<br>spouse is<br>living; again<br>only if the<br>spouse dies<br>(CCC 2382) | The two become<br>one flesh (Eph<br>5:31; perpetual<br>and exclusive<br>covenant partners<br>(CCC 1638-1640)                                                | The "I do", by which both<br>spouses indicate their mutual<br>consent to the marriage<br>covenant<br>(CCC 1626-1628)                                                                                                                                                                                                                                                                                     | Mutual Consent<br>and Covenant to<br>live together as<br>husband and<br>wife (CCC<br>1626); and the<br>consummation<br>of the Marriage<br>(CCC 1640) |
| Holy Orders<br>CCC 1536-1600                                                        | The Bishop<br>(CCC 1576)                                                 | Acts 6:5-6; 13:3;<br>14:23; 20:28; Jn<br>20:21-23; 1 Tim<br>3:1; 4:14; 2 Tim<br>1:6; Titus 1:5; Phil<br>1:1 | A Baptized man who<br>has been called for<br>ordination by God; in<br>the Western rite, with<br>the exception of<br>permanent deacons,<br>the ordained must be<br>celibate (CCC 1577-<br>1580) | Only once;<br>separate<br>ordination for<br>Deacon,<br>Priest, and<br>Bishop<br>(CCC 1582)                            | A special<br>relationship to<br>Christ to lead and<br>serve the Church;<br>indelible spiritual<br>character<br>imprinted on the<br>soul (CCC 1581;<br>1594) | The Bishop's "specific<br>consecratory prayer asking<br>God for the outpouring of the<br>Holy Spirit and his gifts proper<br>to the ministry to which the<br>candidate is being ordained"<br>(CCC 1573)                                                                                                                                                                                                  | Laying on of the<br>Bishop's hands<br>with the<br>consecratory<br>prayer<br>(CCC 1538)                                                               |
| Anointing of<br>the Sick,<br>Extreme<br>Unction, and<br>Last Rites<br>CCC 1499-1535 | The Priest<br>(CCC 1566)                                                 | Mk 6:13; Jn 20:23;<br>Mt 16:18-19;<br>18:15-18; James<br>5:14-15                                            | Seriously ill; at the<br>point of death or<br>before a serious<br>operation or for the<br>elderly whose frailty<br>becomes more<br>pronounced (CCC<br>1541f.)                                  | Repeatable;<br>at the point of<br>grave<br>illnesses or<br>before a<br>serious<br>operation<br>(CCC 1514f.)           | Sins forgiven;<br>grace to face trial;<br>spiritual<br>preparation to die;<br>and if God's will,<br>physical healing<br>(CCC 1520-1523)                     | Prayer of the Priest over the<br>sick person for the grace of<br>the Holy Spirit and the<br>forgiveness of sins<br>(CCC 1513, 1519)                                                                                                                                                                                                                                                                      | Anointing with<br>Holy Oil and<br>Imposition of<br>Hands<br>(CCC 1513,<br>1519)                                                                      |